Exploded Moment

Jahzair A.M

We all lined up. 4 fast people side by side. Go! Shouted Mrs. Engart. We dashed off around the gym. I felt nervous. As we went around the first lap I was in first place. I ran lightly on my feet. I was breathing heavy but I felt pretty good. All of a sudden as I turned the corner, my right foot slid on the icy-like floor and as I was falling I thought that I lost the race. My left shoulder hit the floor. I bounced off my shoulder onto my back. Then I got the feeling to get back up. Then I continued the race.